

## **Mighty Mite Soccer**

**Program Objective:** In town soccer program where basic soccer skills are introduced (passing, shooting, dribbling) in a skill-based drill format.

**Age Group:** U5 (pre-school)

**Team Size / Formation:** Program is structured through skill stations. Players are placed in groups of 10-12 players with an assistant coach for the full hour of practice. Groups will change and players may have a different assistant coach every week.

**Uniform:** Team Shirt, shorts, and socks are provided for full season (fall & spring)

**Practices / Games:** Program meets one hour a week on Saturday afternoon at 4 pm behind the Balmer School. Fall program runs for about 9 weeks from first Saturday after labor day. Spring program runs for about 9 weeks from second Saturday in April.

**Ball:** Each player needs to provide their own #3 ball

**Equipment:** Players should purchase cleats, shin pads, and a water bottle for each practice.

**Trophies:** Trophies are provided at the end of the last practice each season along with snacks provided by the parents. Trophies are provided by the league.

**Coaches:** Each station is run by a coach/parent volunteer. Each coach/parent volunteer needs to be registered through the town program and be CORI checked.